



Key Stage 4 Core Curriculum and Option Subjects

BTEC Sport

All students will follow the BTEC Level 2 Extended Certificate in Sport. They will begin the course in Year 9 and will have completed the first two units by the end of the year. Students will then study 2 more units during years 10 and 11 to gain accreditation.

The course allows students to develop many transferable skills which will benefit them in other areas of the curriculum and in their future within the sport sector.

BTEC Level 2

The course is equivalent to 2 GCSE qualifications. The course content has a broad spectrum of topics covered, both practical based and theory based.

The course is designed to give the students an opportunity to develop a range of skills and techniques, personal skills and attributes essential for successful performance in working life.



Course Content

Unit 1 – Fitness Testing and Training

Unit 2 – Practical Sport

Unit 4 – Anatomy and Physiology for Sport

Unit 5 – Injury in Sport

Unit 7 – Planning and Leading Sport Activities

Unit 9 – Psychology for Sports Performance

Unit 10 – Nutrition for Sports Performance



Assessment

The qualification is coursework based, with work internally marked followed by external moderation. There is an opportunity for the qualification to be accredited as soon as work is completed.

Progression

The course offers progression to Level 3 BTEC Sport and then university or employment in the sports' sector.