



Key Stage 4 Core Curriculum and Option Subjects

Physical Education

All students are expected to participate in core PE as part of their curriculum. PE allows students to develop transferable skills such as team work, communication and organisation. It is also essential to support students understanding how to stay healthy.

At various times of the year students will have the opportunity to choose from a range of physical activities depending on their interests and abilities. These will include: swimming, dance, trampolining, table tennis, netball, football, badminton, Ultimate Frisbee, athletics, softball and rounders.

There is also an opportunity for Year 10 and 11 students to use the fitness suite at Wolverhampton University (Walsall Campus) at a small cost.

Progression

Although this is not an examination subject, students at Key Stage 4 are encouraged to pursue accreditation through National Governing Body (NGB) schemes where available. These can lead to coaching and refereeing qualifications and it would be hoped that some students would pursue these to a higher level either at Key Stage 5 or during extracurricular time



Course Delivery

Students are timetabled for one hour of physical education per week. This may be supplemented through the extra-curricular programme which is regularly advertised.

Assessment

Assessment for different activities is carried out using National Curriculum level descriptors.

